

## **Welcome to Manzanita!**

We are so glad you are here!

**Please continue to wear a securely fitting KN95, N95, KF94, Vog mask, or other similar mask (with no valve), or a good 3-ply surgical style mask that fits you well, for the entire time you are here, in all communal spaces (community acupuncture areas, waiting areas, bathrooms, etc).** *For private sessions, you may consult with your practitioner (prior to each session, once you are in your treatment room) about whether or not to wear your mask during the time you are in your treatment room.* **Extra masks are available if needed.**

**Please do not enter if you have any current cold or flu symptoms, or if you have had a fever within the past 72 hours.**

**Please use hand sanitizer or wash your hands well upon entering, as well as when you leave.**

There is an air purifier/HEPA filter in each treatment room, and we generally try to keep things as clean and sanitary as possible.

Please let us know if you have any questions or concerns.  
**Thank you for your cooperation and presence!**