

Welcome to Manzanita!

We are so glad you are here!

Masks are now optional at Manzanita, at the discretion of your practitioner (please check first with your practitioner if you are not sure). If you would like your practitioner to wear a mask (if we aren't already wearing one), please request it and we are happy to accommodate.

Please continue to wear a securely fitting KN95, N95, KF94, Vog mask, or a good 3-ply surgical style mask that fits you well, for the entire time you are here, if you have had a recent close exposure to any virus, or if you have any cough, runny nose/sinus congestion, sore throat, or stomach/intestinal distress— even if these symptoms are unrelated to an illness. Extra masks are available if needed.

Please do not enter if you have any current cold or flu symptoms, or if you have had a fever within the past 72 hours.

Please use hand sanitizer or wash your hands well upon entering, as well as when you leave.

There is an air purifier/HEPA filter in each treatment room, plenty of space between community treatment spots, and clean/sanitary practices are in place.

Please let us know if you have any questions or concerns.
Thank you for your cooperation and presence!